

Joel Ashby, Psy.D.
IA#001199
Family Legacy Counseling
5415 NW 88th Street Suite 100
Johnston, IA 50131
515-727-1338

INFORMED CONSENT FORM: PSYCHOLOGICAL TESTING

Welcome to Family Legacy Counseling, This document contains important information about this office's professional services and business policies. Please read it carefully and write down any questions you might have so that we can discuss them. When you sign this document, it will represent an agreement between us.

PSYCHOLOGICAL TESTING SERVICES

There are varied purposes for psychological testing. Common features of psychological evaluations include the following:

- Review of relevant records. Referral agencies typically provide background data to enable the evaluator to have a historical context that benefits the testing situation. Testing clients may voluntarily wish to provide their own records to facilitate their case.
- Clinical Interview - A structured clinical interview with the client contains his or her background information (e.g., family history, physical health, prior abuse history), mental health concerns (e.g., symptoms of distress, prescribed psychotropic medications, substance abuse difficulties), educational/work history, employment, social functioning (peer interactions, legal history), and a mental status exam (behavioral observations, assessment of daily living skills). Collateral contact may be obtained from family members or representatives of the referring agency to provide additional information to facilitate the testing process. The psychologist will perform the clinical interview.
- Mental Health Assessment Inventories. These inventories typically include self-report surveys or performance exercises that assess varied mental health symptom and personality traits. The psychologist will provide the instructions for completion of these inventories.
- Cognitive/Neuropsychological Assessment Tools. These exercises may include tests of cognitive ability, academic achievement, visual-motor coordination, attention span, neurological functioning, memory, and processing speed.

After the test results are obtained, the psychologist typically interprets test data into a coherent psychological report with treatment recommendations. The psychological report contains the aforementioned data, provides detailed analysis of the mental health and cognitive test results, summarizes the data, and lists DSM-V diagnostic impressions. Additionally, recommendations are typically listed at the conclusion of the psychological report for further direction.

CONFIDENTIALITY/LIMITS OF CONFIDENTIALITY

- A. Private Testing: an individual that is self-referred and is paying on his or her own accord, with or without the assistance of private health insurance. Clients are assured of

confidentiality at all times. Information will only be released verbally, or in writing, to those whom you authorize by written release of information in my office. Legal exceptions to confidentiality include:

1. Your evaluator must notify others if it is suspected that a client intends to harm another individual or him/herself;
2. Your evaluator must also report any suspected child molestation, neglect, or abuse to protect the children involved as mandated by law;
3. Your evaluator must report cases where abuse or neglect of an elderly person is suspected.
4. In legal cases, a court can order testimony or records.

Please be aware that if you want us to file your insurance, insurance companies require your name, social security number, diagnoses, and service dates before they provide coverage for your visit. In most cases, insurance companies will require more data about your case that may include symptoms, diagnosis, and treatment methods. This does become a permanent part of your medical record.

REVIEW OF WRITTEN REPORT

A feedback session is typically scheduled upon completion of the psychological report. During this session, I will review the test results and explain the recommendations with you. Your feedback is important, please share impressions you have of the results and whether or not it “fits” with your lived experience.

After going over the test results and answering any questions, you may receive a summary of the test report. However, no completed report will be given to a client unless he or she participates in the final feedback session with the examiner. Finally, the examiner does not provide raw data to test clients.

FEES

The charge per hour for psychological testing is \$150. The charge per hour for neuropsychological testing is \$185. Additionally, when billing insurance companies, the client is typically billed for an initial diagnostic interview, testing hours, and the final session when the test results are reviewed. If there is a co-pay, you must pay the entire fee at the time of the initial visit unless an arrangement is made in writing between Family Legacy Counseling and the client. It is against regulations from the insurance company for us to see a client without collecting their co-payment. If your case requires an affidavit or report or if I need to consult with an attorney or guardian ad litem, your evaluator will charge for the time required to complete the task. A charge will be made based on the amount of time required for this service. Payment is expected at the end of each session. We reserve the right to turn over any uncollected debt (over 60 days) to a collection agency and/or magistrate court. Insurance does not cover these types of services.

ESTIMATES FOR EVALUATIONS

Comprehensive ADHD Assessment	\$600-1200
Bariatric Assessment	\$500
Psychological Assessment	\$500
Memory Assessment	\$500
Intelligence Assessment	\$300
Brief Personality Screen	\$150
Brief Diagnostic Screen	\$50

INSURANCE REIMBURSEMENT

For Clients that have a health insurance policy, it will usually, BUT NOT ALWAYS, provide coverage for mental health services. Your evaluator provide you with whatever assistance necessary in helping you receive the benefits to which you are entitled; however, you (not your insurance company) are responsible for full payment of our fees. It is very important that you find out exactly what mental health services your insurance policy covers as they may not cover psychological testing services.

You should carefully read the section in your insurance coverage booklet that describes mental health services. If you have questions about the coverage, call your plan administrator. Your evaluator will provide you with whatever information necessary and will be happy to help you in understanding the information you receive from your insurance company. If it is necessary to clear confusion, this office will be willing to call the company on your behalf. You should also be aware that most insurance companies require you to authorize your evaluator to provide them with a clinical diagnosis. Sometimes your evaluator has to provide additional clinical information such as a copy of the psychological report (in rare cases). This information will become part of the insurance company files and will probably be stored in a computer. Though all insurance companies claim to keep such information confidential, your evaluator has no control over what they do with it once it is in their hands. In some cases, they may share the information with a national medical information databank. Your evaluator will provide you with a copy of any report submitted if you request it.

I have read and understood the above information. I also give consent for psychological testing by Joel Ashby, Psy.D. of Family Legacy Counseling.

Please initial all that apply: (For insurance billing, you must initial all spaces except the final one)

- I authorize release of this form and information to all my insurance companies.
- I authorize the provider to act as my agent to obtain payment from my Insurance companies.
- I understand that I am responsible for my bill if insurance does not provide payment.
- I choose not to file Insurance and am responsible for 100% of the fee at time of service.

SIGNATURE DATE